

Maharaja Ranjit Singh Punjab Technical University



National Service Scheme



Activity at Glance 2018-19 & 2019-20

The NSS wing of MRSPTU Bathinda has been continuously working for the welfare of society and is inculcating the ethical and social values among students. MRSPTU having 14 units of NSS total 1450 NSS volunteers. Various activities undertaken by the NSS volunteers on regular basis includes swachhata, tree plantation, nuked natak etc.

Swachhata Abhiyaan: To inculcate the values among students various programs including nukad natak and mime, group discussion and model making competition to make campus and city free from plastic and pollution are undertaken regularly. To commemorate **Gandhi Jayanti** different activities including **tree plantation, plastic collection from campus, awareness program for masses and poster making competition**, were undertaken.



Tree plantation drive by NSS volunteers



Plastic collection from campus during swachhta drive



Awareness Drive for Plastic Hazards

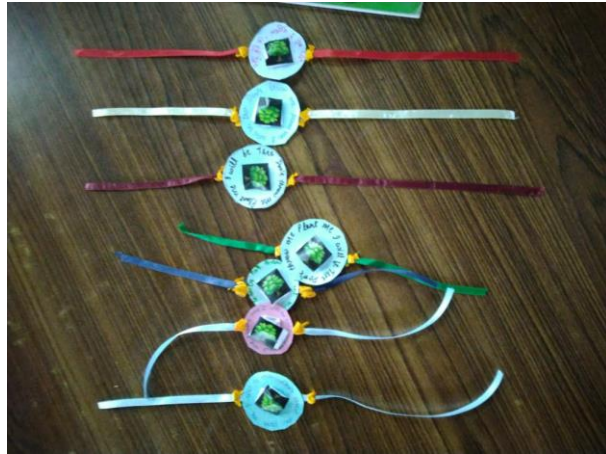


Poster Making Competition



Students Performing Nukad Natak

Seed Rakhi To celebrate raksha bandhan seed rakhis were distributed among masses in villages. The seed rakhi apart from carrying the traditional idea of love of brother and sister also signifies the contribution of person towards environment. The volunteers of NSS distributed more than 500 rakhis on 5th August 2019 encapsulating the seeds of different plants with a message “Do not throw me in the dustbin rather plant me I will be a tree one day”.



Volunteers participation in tree plantation through seed rakhi

Say No To Plastic: Say no to plastic mission was carried out with a slogan that Adopt a solution for plastic rather than pollution. Plastic is used for different purposes including packaging, electronic application and construction etc. and is becoming indispensable part of society. Due to its non biodegradability it poses problem to aquatic life. Dumping of plastics in the ground affects the plants growing in the area as they don't get enough water from the soil. Different measures suggested to avoid plastic includes

Reuse of Waste Plastic Bottle: A workshop was held to make different usable items from waste plastic materials. The material formed includes Supply Cups, Containers, Plastic Bottle Planter, Sprinkle, Watering Containers.

Eatable Crockery from Household Grocery: The plastic spoons and plates are mainly used. The volunteers from NSS prepared eatable crockery using wheat flour and salt.



Display of various articles made by students from reuse of plastic bottles



Students preparing edible crockery from household grocery

Poster making competition: poster making competitions are organized on environmental awareness.



Awareness about environment through posters

Poshan Pakhwara: Number of activities such as group discussion, debate, poster making competition and a camp on body mass index were undertaken during poshan pakhwara from 15th September to 30 September 2019. Nutritional status of around 50 children of mess workers were accessed.





Volunteers during BMI camp to access nutrition status among kids



Debate to discuss causes and consequences on anaemia and malnutrition

ASER Camp: ASER camp is second largest survey conducted in India. Our volunteers carried out ASER camp in 60 villages in 2 districts Bathinda and Mansa. The five day camp included three day training and two day field work. The survey was conducted at three different levels for a) the knowledge of children in the age group 4-16 was recorded, b) the economic survey of families including their family income, gadget they had etc were conducted, c) the survey of villages for their basic facilities was conducted.



Volunteers during awareness program in adopted village

District Youth Parliament: The Minister of State (I/C) for Youth Affairs and Sports launched the National Youth Parliament Festival 2019 as part of National youth day celebrations. The first step towards national youth parliament was district youth parliament which was conducted in Maharaja Ranjit Singh University Bathinda on 24th January 2019. The district youth parliament festival for three districts Bathinda, Mansa and Sri Muktsar Sahib was conducted at MRSPTU Bathinda. The youth in the age bracket of 18-25 who are allowed to vote, but not allowed to contest in elections participated in this festival. Three days special screening camp from 17th – 19th January 2019 was organised for the selection of participants. Nine institutes including Central University of Punjab, Guru Kashi University, MRSPTU, GZSCCET, SSD College, PIT Nandgarh, participated in screening.



Glimpses of Celebration of District Youth Parliament -19

International Yoga Day Celebration: International yoga day is celebrated on 21 June every year. The volunteers from NSS actively participate in yoga day celebrations. An expert yoga guru trained the participants for yoga.



Yoga day celebration on 21st June 2019

Fit India Movement: A pledge was taken by all the NSS units of MRSPTU and a rally was organized in collaboration with sports department of the university.



Pledge to be fit and keep india fit



Rally on fit India hit India

NSS day was celebrated in university around 200 volunteers from GZSCCET and MRSPTU participated. Main events during the celebrations were a) model making competition (best out of waste from plastic) b) debate and declamation on plastic waste, c) group discussion on swachhta hi sewa d) a dietician from Max hospital to discuss different life style problems.



Students participating in model making competition, group discussion and debate on reuse of waste plastic during NSS day celebration

Surgical Strike Day: the unit celebrate surgical strike day to commemorate the sacrifices laid by the Indian army



Prize winning poster and slogan on surgical strike day

Community Service: Apart from other activities our volunteers perform community service. Students from various NSS Units performed community service at Gurudwara in the locality encouraging everyone on the way to keep their surroundings spick and span and clean. The students took the charge of cleanliness of the Gurudwara and its surrounding area.



Students performing community service at Gurudwara

Voter's day celebration: To aware masses about their voting right and how to cast vote on machine voter's day is celebrated every year.



Poster display and pledge ceremony on voters day

Drug de addiction Awareness programs To spread message of bad effect of drugs the drug de addiction programs was organised on 26 February 2019 and 26 June 2019. A team of doctors from IVY hospital and health centre MRSPTU discussed various drugs and their bad effects on health.



Drug de addiction drive at MRSPTU, Bathinda

Blood Donation camp and first aid training camps are organized as an annual feature to train NSS volunteers for societal uplifting.



Blood donation camp at MRSPTU



Demonstration on First aid training

A survey in five adopted villages i.e. Nandgarh, Dhunike, Bajak, Bambiha and Kotguru was conducted under **Unnat Bharat Abhiyan** scheme on 4th October 2019. Two hundred volunteers along with 10 teachers participated in survey. The survey was conducted in two different categories

- 1) **Village level survey** that included Basic Information about village, Village Infrastructure and Basic Amenities, Village Connectivity (Roads), Land, Forest, Horticultural Profile and Common Village Electricity Requirements.
- 2) **Household survey** that included General Household Information, Family Member Information, Migration Status in a family, Information of Government Schemes (jan dhan yojna, insurance etc.), Source of Water, Source of Energy and Power, Landholding Information, Agricultural Inputs, Agricultural Produce in a normal year, Livestock Numbers and Major problems in village.





Glimpses of the survey about village level and household level conducted in five adopted villages